Prayer
What's It All About?

SAMPLE

by Karen Hardin

Prayer: What's It All About?

Help your kids explore introductory concepts about prayer through this interactive lesson. Activities include a small-group discussion, an object lesson, and three skits. Use as part of a children's prayer event or as separate mini-lessons.

Theme: Prayer
For Ages: 5-10
Teaching Time: 10-20 minutes per activity

Children will learn that:

- prayer has different aspects.
- they can pray to God anytime and anywhere.
- prayer involves listening as well as talking to God.
- God wants to strengthen their relationship with him through prayer.

Activities

Prayer – Warm-up Activity
Object Lesson – Why Do People Pray?
Skit 1 – What Is Prayer?
Skit 2 – When Can We Pray?
Skit 3 – Prayer Is Listening to God

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Skit 2 – When Can We Pray?

Props: skit script for each actor, alarm clock, box of cereal, backpack, pencil, jump rope, lunch bag, basketball, a fork, a teddy bear, a long table (Arrange all of the props on the table in the order given above. Actors can move to stand in front of the appropriate prop.)

People: 4, this could be the same people who do the first skit

[Actors enter and stand in front of the table by their first prop.]

#1: When can we pray? Anytime – like waking up. *(Pick up alarm clock, rub your eyes)* God, thanks for giving me a good night's sleep.

#2: At breakfast. *(pick up the cereal)* Thank you for giving me food every day.

#3: Going to school. *(pick up the backpack)* God, help Mr. George to drive the school bus carefully.

#4: In class. *(pick up the pencil)* Bless my teacher Mrs. Johnson. Help me to remember what I studied for the math test later today.

#1: At recess. *(pick up the jump rope)* Thanks for giving me friends to play with. Oh no, Joey just hurt his arm on the monkey bars. God, please help him not to be scared.

#2: At lunchtime. *(pick up lunch bag)* Thank you God for this sandwich. Help me to do my best on my math test this afternoon.

#3: At practice after school. *(pick up the basketball)* Please help me to learn to dribble. God, give my basketball coach patience.

#4: At dinner. *(pick up the fork)* Thanks for my family and Dad's great spaghetti.

#1: At bedtime. *(pick up the teddy bear and yawn)* God, I got a good grade on my math test. What a great day! Please help Joey's arm heal soon. When can we pray? Anytime.

[Actors exit.]

[*Application*: *Invite each student to think about their week -the things they usually do and places they usually go. Then let them share with a partner a time or place they could pray.]*